

## **Discovery Community Church – Small Group Discussion Guide**

**Habits – 1/21/24**

**Luke 12:22-32**

### **INTRODUCTION**

- What areas of life cause you the greatest anxiety?
- Who do you tend to turn to for a listening ear when you are anxious?

### **DISCUSSION**

*Have a volunteer read Luke 12:22-26*

- According to these verses, what are the specific reasons and examples Jesus gives us for not worrying about the basic needs of life?
- What's required for us to take seriously Jesus' instruction not to worry about the necessities of life?
- When we worry, what are we saying about our view of God and our relationship with Him?
- How has worry hindered your faith and negatively impacted your relationship with God? What eventually helped you overcome that worry?

*Have a volunteer read Luke 12:27-32*

- What additional reasons for not worrying do you take away from these verses?
- What is main problem with worry in the life of a Christian?
- Does it feel practical to depend on God for vital necessities like food and clothing? Why or why not? Why do you think He expects us to?
- Trusting God with everything is easier said than done. What spiritual disciplines—such as prayer, worship, study, fasting, and so forth—have you found helpful for fighting worry? How has the support of your Church community helped with how you respond to worry?
- Why do praising God and giving thanks to Him undermine worry?
- How would your life be different if you lived the way Jesus sets forth in this passage?
- What are some examples of actions that show a person is seeking first God's kingdom?

### **APPLICATION**

- Are there things you are worried about that you are struggling with right now? What are some ways to keep the work of Christ central to your thinking as you try to seek His kingdom first?
- How can your group be praying for you?